

April 2024

The Club

Memory Enhancement Program
Monday – Friday 9:00 a.m. — 1:00

Su	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat
	1 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Music with Sue Blue Sing-a-long 	2 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Zumba with Terry (GR) Visit with Rosie Chair fitness with Donna Sing-a-long 	3 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Drum Circle with Kevin Get crafty with Ruth (GR) Sing-a-long 	4 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Visit with Rosie Chair fitness with Donna Sing-a-long 	5 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Disco Friday 8:45-9:15am Music with Silarel Sing-a-long 	6
7	8 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Let's rock out with Vito Sing-a-long 	9 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Chair fitness with Donna Visit with Rosie My brother's band Sing-a-long 	10 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Paint with Harbor Chase Misty Pals Merengue music with Juan Sing-a-long 	11 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Jimmy and his steel drum Chair fitness with Donna Visit with Rosie Doo-wop 1950's pop GR Sing-a-long 	12 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Disco Friday 8:45-9:15am Sing-a-long 	13
14	15 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Music with Carla Sing-a-long 	16 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Zumba with Terry (GR) Chair fitness with Donna Visit with Rosie Drum circle with Kevin Sing-a-long 	17 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Music with Sue Blue Get crafty with Ruth (GR) Sing-a-long 	18 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Chair fitness with Donna Visit with Rosie Joey & Dr. Berman Sing-a-long 	19 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Disco Friday 8:45-9:15am Lets rock out with Vito Happy hour 3pm-4pm Sing-a-long 	20
21	22 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia My brother's band Sing-a-long 	23 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Chair fitness with Donna Visit with Rosie Jimmy and his steel drum Sing-a-long 	24 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Misty Pals Merengue music with Juan Doo-wop 1950's pop GR Sing-a-long 	25 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Chair fitness with Donna Visit with Rosie Sing-a-long 	26 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Disco Friday 8:45-9:15am Sing-a-long 	27
28	29 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Music with Sue Blue Sing-a-long 	30 Afternoon Activities <ul style="list-style-type: none"> Brain & Body Fitness Patio Trivia Chair fitness with Donna Visit with Rosie Sing-a-long 				30

Morning Programs

9:00-1:00 am

Brain Fitness

Exercise Classes

Lunch: 12:00 -12:30 pm

Afternoon Programs

12:30-2:00 pm

BINGO WITH PRIZES

2:00 PM – 3:30 PM

3:30 pm—5:00PM

Reminiscent Club

Trivia Challenge

Card Games

Special Thanks to Our
Entertainers For Donating
Their Time & Resources

Contact

Main: 772-223-7844

Transportation:772-223-7855

www.kanecenter.org